



WHO WE ARE AND WHO WE SERVE:

- We are a culturally diverse professional staff of PhD-level licensed psychologists, psychiatrists, post-doctoral fellows, and pre-doctoral psychology interns.
- Our services are available to all registered, undergraduate and graduate students including students at the School of Medicine and the Scripps Institution of Oceanography.
- Our services are free and confidential.

WHAT WE DO:

Our mission is to promote the personal, social and emotional growth of students. We provide services and programs that will both enhance the college experience and help students develop effective coping skills. These services include . . .

- Individual, couples, and family counseling
- Groups, Workshops, and Forums
- Consultation and Outreach
- Peer Education

WHERE WE ARE:

Central	190 Galbraith Hall, Revelle College
Thurgood Marshall	Dean’s Office, Administration Building
Muir	Academic Advising Office, HSS 2126
Revelle	Provost’s Office
Eleanor Roosevelt	Administration Building, Room 310
Sixth	Pepper Canyon Hall 217
Warren	CSE Building
Women’s Center	West Bldg 290, Original Student Center
Price Center East	Center for Student Involvement (CSI) 3 rd floor

WEBSITE: <http://caps.ucsd.edu/>

- CAPS website provides resources for students, parents, faculty, staff, and professionals.
- You can meet our staff, learn about our groups and educational workshops, visit our self-help library, and get connected to other campus resources.

HOW TO MAKE AN APPOINTMENT:

- To schedule an appointment, call 858-534-3755.
- We’re open from 8:00 am to 4:30 pm Monday – Friday.
- Students can be seen at any of our nine locations.

GROUPS, WORKSHOPS, AND FORUMS:

- Address a wide range of issues.
- Allow students to engage with others in a supportive environment.
- Give students an opportunity to share common issues and concerns.
- Help reduce loneliness and isolation.