This group is designed for women who are seeking a safe place to share experiences about: academic stress, family and gender roles, cultural identity, relationships, career, personal choices, and mental health and well-being.

This group is by referral only and not a drop-in group. If you are interested in learning more about this group please contact: Leah Heng, Ph.D. (858) 534-5905, LHeng@ucsd.edu

This group will start in Winter 2016 and will be facilitated in English.