

Moving Between Worlds



Do you self-identify as an Asian, Asian American, Pacific Islander, or South Asian woman? Are you interested in learning more about yourself and sharing your experiences with other women?

This group is designed for women who are seeking a safe place to share experiences about: academic stress, family and gender roles, cultural identity, relationships, career, personal choices, and mental health and well-being.

This group is by referral only and not a drop-in group. If you are interested in learning more about this group please contact: Leah Heng, Ph.D.
(858) 534-5905, LHeng@ucsd.edu

This group will start in Winter 2016 and will be facilitated in English.