

Graduate Student Support Group

Join us for a drop in group to help you cope with issues like: managing stress, communication with your PI, dealing with imposter syndrome, meeting like minded people, procrastination etc.

Dates: Oct 6 thru Dec 1 (Fall Quarter)

Time: Tuesdays 12 pm – 1pm

Location: CAPS Central office at Galbraith Hall

For more information please contact:

Elise Curry, Psy.D.

(858) 534-2312 (ecurry@ucsd.edu)

caps.ucsd.edu/groups

This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment.



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