

## APPENDIX A

# TEST OF YOUNG ADULT SOCIAL SKILLS KNOWLEDGE (TYASSK)

### Instructions:

The following items are about making and keeping friends and romantic relationships. After you read each item, there will be a couple of choices to choose from. Decide which choice is the best by bubbling in the best answer. Only choose one answer per item.

1. The most important part of having a conversation is to:
  - Trade information
  - Make sure the other person is laughing and smiling
2. When starting a conversation:
  - Wait for the person to notice you
  - Find a common interest
3. If your friend mispronounces a word, you should:
  - Not police them
  - Politely point out their mistake to be helpful
4. If you discover that you and a friend like the same thing:
  - Be repetitive
  - Don't be repetitive
5. It's ALWAYS a good idea to try to make friends with someone who:
  - Has lots of friends and is popular
  - Likes the same things as you
6. Friendship is a:
  - Choice
  - Gift
7. When you want to exchange contact information with someone:
  - Go up and nicely ask them for their number
  - Use a cover story
8. How many messages can you leave in row without hearing back from a person?
  - 1-2
  - 3-4

9. After you make a joke, it's a good idea to pay attention to:
- Whether the other person is laughing
  - Your humor feedback
10. It is ALWAYS a good sign if someone laughs at your jokes:
- True
  - False
11. When you're trying to meet a new group of people, it's a good idea to go up and say hello and introduce yourself:
- True
  - False
12. When you're trying to enter a group conversation, the FIRST thing you should do is:
- Watch and listen to the conversation
  - Make a comment about what they're saying
13. If you try to enter a group conversation and the people exclude you:
- Start to look away
  - Make sure they can hear you
14. If you try to join ten different conversations, on average how many times out of ten are you likely to be rejected:
- 7 out of 10
  - 5 out of 10
15. When having a friend over for a get-together at your home:
- Tell your friend what you're going to do
  - Have your friend choose the activity
16. If you're having a friend over for a get-together and someone else unexpectedly texts that you really like:
- Ask your friend if you can invite them over
  - Text them later
17. When you're interested in someone romantically, it's a good idea to:
- Talk to mutual friends
  - Not tell people until you're sure they like you
18. When you're flirting with someone, you should make eye contact, smile, and keep looking at them:
- True
  - False
19. When you're asking someone on a date, you should:
- Tell them you like them and ask if they'll go out with you
  - Ask what they're doing on a certain day and time

20. If you ask someone on a date and they turn you down, it's okay to politely ask them for a reason:
- True
  - False
21. At the end of a date, if you want to kiss goodnight, you should:
- Ask your date if you can kiss him or her
  - Wait for a sign they want to be kissed
22. When you're on a first date it's a good idea to give general compliments:
- True
  - False
23. When you FIRST start dating someone, you should:
- Tell them about your dating history
  - Avoid talking about your dating history
24. If a date you like is pressuring you to get physical and you're not ready, you should:
- Date someone else
  - Change the subject
25. The FIRST thing you should do when you get into an argument is:
- Listen and keep your cool
  - Explain your side
26. When a friend accuses you of doing something you didn't do:
- Say you're sorry that this happened
  - Explain your side until they believe you
27. If someone is teasing you and calling you names:
- Ignore them or walk away
  - Give a teasing comeback
28. A good strategy for handling chronic bullying is:
- Try to make friends with the person so they won't bully you
  - Don't try to make friends with the person
29. If someone spreads a rumor about you that isn't true, you should:
- Spread the rumor about yourself
  - Confront the person that started the rumor
30. If someone is gossiping behind your back, you should:
- Let them know that the gossip hurts your feelings
  - Act amazed that anyone would believe the gossip