

FOSTERING CONNECTIONS



The fostering connections group is a an informal drop-in for students who do not have a family to rely on for support. It is a place to encourage one another in navigating college life, relationships and achieving one's goals in a supportive atmosphere.

We will meet Wednesdays from 3-4pm starting 10/7/15 through 12/2/15 (no meetings on 10/14, 11/11 and 11/25). Please join us in the Small Meeting Room at the Women's Center.

To see if this group is a good fit for you, please contact:

Judy Goodman Fermin, Ph.D. at
(858) 534-9799 jfgoodman@ucsd.edu
caps.ucsd.edu/groups

This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment.