

Health Group

Support for managing your health condition



5 week support group for students with chronic health concerns: diabetes, auto-immune, inflammatory, neurological disorders.
Topics: pain, stress, academics, relationships, resources.

Dates: 5 Fridays (January 30 - February 27)

Time: 11:00am – 12:30pm

Location: Office for Students with Disabilities

To reserve your spot today, please contact :

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(858) 534-1725

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This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to arrange an appointment.