

# UNIDAS

## Chicana/Latina

### Forum

(Drop-in offered weekly)

This group is for graduate and undergraduate Chicana/Latina women who are looking for a safe space to cultivate support, discuss challenges, and honor individual life stories. Topics for discussion include: self-esteem, responsibility for others and need for self-care, intersecting identities, family, relationships, intimacy, discrimination, academic pressure, mentoring, and the impact that these have on their UCSD experience.

**Dates: Every Monday - Starting Oct. 12**

**Time: 1:00 PM- 2:30 PM**

**Location: Raza Resource Centro**

*Please direct questions to:*  
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