

ADHD Support Forum for Graduate and Professional Students

If you are a graduate or professional student who has been diagnosed with ADHD or think you may have ADHD, you may benefit from participation in the ADHD Support Forum, a caring space to share experiences and strategies for better management of ADHD symptoms. To see if this group is a good fit for you, please contact Christina Lambert, PhD at cdlambert@health.ucsd.edu or (858) 534-3035.

Fall 2021

Mondays 4:30–5:30 PM

October 4 to December 6 (except November 22)

Via Zoom



Christina Lambert, PhD

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to make an appointment.