ADHD Support Forum for Graduate and Professional School Students

If you are a graduate or professional school student who has been diagnosed with ADHD or think you may have ADHD, you may benefit from participation in the ADHD Support Forum, a caring space to share experiences and strategies for better management of ADHD symptoms. To see if this group is a good fit for you, please contact Christina Lambert, PhD at cdlambert@health.ucsd.edu or (858) 534-3035.

Winter Quarter 2021: January 4 – March 8
Mondays 3 – 4 PM (Except 1/18 and 2/15)
Via Zoom

Christina Lambert, Ph.D.

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to make an appointment.