This is a weekly drop-in forum for Black Graduate and Professional Students to foster kinship and receive support through community conversations.

Weekly discussion topics are determined by forum participants, and can include:

- imposter syndrome
- stress/anxiety
- loneliness
- family/cultural pressures
- social justice issues

This community forum embraces and celebrates the diversity of mental and physical abilities, sexual orientations, nationalities, gender expressions, body-sizes, religions, and ages among UC San Diego's Black Graduate and Professional Students.

Co-facilitated by:

- Nina Scott
  - GAPSWell Associate
  - SIO PhD Student
- Haile Wright
  - Licensed Clinical Social Worker
  - CAPS Provider

Fall 2021 | Wednesdays | 3-4 PM | Virtual Offering

To see if this forum is a good fit for you, please contact
Haile Wright, LCSW, 858-534-3755, hwright@health.ucsd.edu

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call CAPS central office at (858) 534-3755 to arrange an appointment.