

# LATINX/CHICANX

## CAFECITO HOUR

**WEEKS 1-10**  
**FRIDAYS 3:00-4:00PM (VIRTUAL)**

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### SHARE CAFÉ Y TÉ IN COMMUNITY

Each week we will chat about relevant topics to the Latinx/Chicanx community to support and uplift one another with our caring presence. This is a space to celebrate and share our cultures and honor the unique successes and challenges we can experience as Latinx/Chicanx members of the UCSD community.



Dra. Mendez es una consejera bilingüe. If you'd like to speak in Spanglish or throw in some words en Español, that is welcome – same for words or phrases from indigenous Latin American languages. Speaking Spanish is not required for this forum, and we'll discuss ways to make the space inclusive for all while honoring each member's process. ¡Bienvenidos and I cannot wait to be in community with you!

No registration required. Weekly Zoom Link:  
<https://uhealth.zoom.us/j/98172705819>

*This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at 858-534-3755 to arrange an appointment.*

