LATINX/CHICANX
CAFECITO HOUR

WINTER 2022: WEEKS 1-10
THURSDAYS 2-3 PM
VIRTUAL UNTIL FURTHER NOTICE

Join Irma Cano Murphy, LCSW (Licensed Clinical Social Worker) and your Latinx/Chicanx community every Thursday for Cafecito Hour. We will discuss topics impacting Latinx/Chicanx health, well-being and academic success on campus and the world. This is a space to be in community and uplift one another with collective problem solving, discussion and support.

All students are welcome. Bilingual dialogue (or even a few words en Español here and there) is welcome if it supports your well-being and empowerment. Irma is dedicated to working with the forum each week to create an inclusive space for everyone.

Virtual until further notice, check Raza Resource Centro social media posts for updates (Facebook, Instagram). Pan dulce provided for in-person meeting only.

Zoom: https://uchealth.zoom.us/j/83517101167

Contact: Irma Cano Murphy, LCSW; icmurphy@health.ucsd.edu

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at 858-534-3755 to arrange an appointment.