ADHD Support Forum for Graduate and Professional Students

If you are a graduate or professional student who has been diagnosed with ADHD or think you may have ADHD, you may benefit from participation in the ADHD Support Forum, a caring space to share experiences and strategies for better management of ADHD symptoms. To see if this group is a good fit for you, please contact Christina Lambert, PhD at cdlambert@health.ucsd.edu or (858) 534-3035.

Winter 2022
Mondays 4:30–5:30 PM
January 10 to March 7 (except 1/17 and 2/21)
Via Zoom

Christina Lambert, PhD

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to make an appointment.