

LOVED ONES WITH SERIOUS ILLNESS

A Support Forum for Graduate and Professional Students

Winter 2022 | Thursdays | 4-5 PM | Via Zoom

Jan. 20, Feb. 3, Feb. 24 & Mar. 10



Are you a graduate or professional student who is caring for or concerned about a loved one with a serious, progressive, chronic, debilitating, life-threatening and/or terminal health condition, including serious mental health conditions and/or substance abuse?

If so, you may benefit from joining this forum, a caring space:

- to share experiences
- give and receive support
- examine meaning of life
- practice self-compassion
- explore radical acceptance



Dr. Tyler Hatchel
CAPS Psychologist



Anja Payne
GAPSWell Associate



To see if this forum is a good fit for you, please contact Dr. Tyler Hatchel at thatchel@health.ucsd.edu or call CAPS at 858-534-3755

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call CAPS central office at (858) 534-3755 to arrange an appointment.



GAPSWell Associates
UC San Diego



CAPS4GAPS
Counseling and Psychological Services for
Graduate and Professional School Students

UC San Diego
GRADUATE DIVISION



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