

ADHD Support Forum for Graduate and Professional Students

If you are a graduate or professional student who has been diagnosed with ADHD or think you may have ADHD, you may benefit from participation in the ADHD Support Forum, a caring space to share experiences and strategies for better management of ADHD symptoms. To see if this group is a good fit for you, please contact Christina Lambert, PhD at cdlambert@health.ucsd.edu or (858) 534-3035.

Spring Quarter 2021: April 5 – June 7
Mondays 3 – 4 PM (Except 5/31)
Via Zoom



Christina Lambert, Ph.D.

This meeting is not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to make an appointment.