Out of the Darkness Suicide Prevention Walk
Saturday, May 1st 2021

A UC San Diego Campus and Community Event

#HOPE WALKS HERE

Join UC San Diego Graduate and Professional Students virtually as we raise awareness and express solidarity with those affected by suicide.

If you'd like to participate:
1. "Walk" with us! Pick a time, wear green, and post a selfie with the tag #HopeWalksHere. Invite friends, family, faculty and staff to join!
2. Donate or encourage someone you know to donate

If you would like professional counseling or mental health treatment, please call CAPS central office at (858) 534-3755 to arrange an appointment.