

FALL 20: CAPS OFFERINGS FOR SCHOLAR ATHLETES



MONDAYS



LET'S TALK via ZOOM

Individual Consults w/ Dr. Ben Metta, CAPS
Mondays, 1:00-2:00

Check your ICA team page and emails for link

Contact Dr. Metta for more info

858-534-7710

TUESDAYS



EMERGING LEADERS WORKSHOP

w/ Dr. Rhonda Hackshaw

Tuesdays, 11:00-12:30

Zoom link to be sent by ICA - check your emails

Contact Dr Hackshaw for more info and Zoom Link

858-534-5981

FRIDAYS



ADVANCED LEADERSHIP ROUNDTABLE via ZOOM

w/ Dr. Rhonda Hackshaw

Fridays, 11:00-12:30

Zoom link to be sent by ICA - check your emails

Contact Dr Hackshaw for more info and Zoom Link

858-534-5981

DAILY

UC San Diego

STUDENT HEALTH AND WELL-BEING
Counseling and Psychological Services

CAPS DAILY

DROP-IN WORKSHOPS

caps.ucsd.edu/dropin

All drop-in workshops via Zoom