Out of the Darkness Suicide Prevention Walk  
9 am, Saturday, May 1st, 2021  
UC San Diego Campus and Community Event

#HOPE WALKS HERE

Join UC San Diego Graduate and Professional Students as we raise awareness and express solidarity with those affected by suicide.

Participation Options:

- Walk together, Saturday May 1st at 9am. Meet on Library Walk by Student Health Services. Walk in groups of up to 10, masked and physically distanced.
  1. Join the team
  2. Sign the activity waiver
  3. Let us know you are coming

- "Walk" at your convenience
  1. Join the team
  2. Pick your time and location
  2. Wear green, post a selfie with the tag #HopeWalksHere

- Donate or encourage someone you know to donate
- Invite friends, family, faculty and staff to join!

If you would like professional counseling or mental health treatment, please call CAPS central office at (858) 534-3755 to arrange an appointment.