

Transfer Student Support

Spring 2022: Tuesdays 1-2 PM via Zoom
March 29th - May 31st (Week 1 - 10)



Are you a transfer student who is having difficulty adjusting to the culture, pace, and rigor at UCSD?

If you are, please know that you are not alone and with community you can receive and provide support to others if you join us in this forum for transfer students. We are open to discussing various issues you are experiencing in a supportive, online environment. Topics are determined by group participants and can include work-life balance, academic stressors, managing imposter syndrome, maintaining boundaries, stress, anxiety, family/cultural pressures, and adjusting to other college and life experiences at UC San Diego.

Zoom Link: <https://uhealth.zoom.us/j/87368482372>

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*This is a drop-in forum and students are welcome to join each week or as it fits their needs and schedules. No prior screening is required.

These meetings are not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to arrange an appointment.

UC San Diego

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