

THE 5 love LANGUAGES®

PEOPLE GIVE & RECEIVE LOVE IN DIFFERENT WAYS.
UNDERSTANDING THESE DIFFERENCES IN OURSELVES
& OUR LOVED ONES CAN DEEPEN OUR BONDS,
HELP RESOLVE CONFLICTS, & BRING US CLOSER.



THOUGHTFUL DEEDS
& GESTURES TO HELP
RELIEVE LIFE BURDENS.



HELP WITH A
"HONEY DO" LIST!



SPOKEN OR WRITTEN
PRAISE, APPRECIATION,
ENCOURAGEMENT.



LEAVE "I LOVE YOU"
STICKY NOTES!

LOVE LANGUAGE
QUIZ

SCAN ME!



UNDIVIDED ATTENTION
IN SHARED ACTIVITIES
& CONVERSATION.



GO ON DATES
"ELECTRONICS FREE"!



SHOW CARE THROUGH
INTIMATE & AFFECTIONATE
PHYSICAL CONTACT.



GIVE A SQUEEZE WHILE
HOLDING HANDS!



MEANINGFUL SURPRISES
& HEARTFELT PRESENTS.



MAKE SOMETHING
HOMEMADE!

Gary Chapman (1992)