

**UCSD Counseling and Psychological Services (CAPS)
Postdoctoral Residency Program Evaluation**

Residency Year _____

Circle One: Mid Year
End of Year

Date _____

Please use the following scale to rate the training program over a range of components:

- | | | |
|---|---------------|------------------------------------------|
| 1 | Inadequate | Program never met my training needs |
| 2 | Below Average | Program rarely met my training needs |
| 3 | Good | Program adequately met my training needs |
| 4 | Excellent | Program exceeded my training needs |

TRAINING SEMINARS AND SUPERVISORS

1. Overall, seminar formats, information, and topics met my training needs _____
2. Overall, seminars provided depth and furthered my understanding of the topic areas _____
3. The seminar presenters motivated me and furthered my interest in the topics _____
4. How would you rate the quality of your individual primary supervision? _____
5. How would you rate the overall quality of your secondary supervision (at the colleges, in your emphasis area) _____
6. How would you rate the quality of your case consultation supervision? _____

Strengths:

Areas needing improvement:

Suggestions:

GENERAL

1. How would you rate the overall training received during your residency year? _____
2. How would you rate the quality of the resources available to you, and the availability of senior staff members? _____
3. Did you feel welcomed and treated with respect by the professional staff during the year? _____
4. Overall, the training program was adequately challenging _____

5. The training program provided me with competences to work in clinical settings in higher education (clinical skills, professional development, outreach and consultation) _____

Strengths:

Areas needing improvement:

Suggestions:

LEVEL ONE: ADVANCED COMPETENCY AREAS

A. INTEGRATION OF SCIENCE AND PRACTICE

1. I have been given the opportunity to integrate current literature, research, and theory in professional activities _____
2. I have been given the opportunity to develop a program evaluation project using appropriate research methods _____
3. I have been given the opportunity to implement a program evaluation project, evaluate the outcomes, and present the findings to staff/peers _____
4. I would rate the quality of my research group supervision and support as follows: _____

Strengths:

Areas needing improvement:

Suggestions:

B. INDIVIDUAL AND CULTURAL DIVERSITY

1. I have been encouraged to independently apply knowledge, skills and attitudes with regard to dimensions of diversity in my professional work _____
2. I have been encouraged to independently monitor and apply knowledge of diversity in my interactions with others in the areas of assessment, treatment, research, and consultation _____
3. I have been encouraged to consider my own power and privilege as _____

it relates to my clinical work _____

Strengths:

Areas needing improvement:

Suggestions:

C. ETHICAL AND LEGAL STANDARDS, AND PROFESSIONAL VALUES, ATTITUDES AND BEHAVIORS

1. The program emphasizes the application of ethical and legal standards in the practice of psychology, including the APA ethics codes, APA policies and guidelines, and federal state laws and regulations _____
2. I have been encouraged to recognize my own clinical strengths and to seek supervision when needed _____
3. I have been encouraged to establish and maintain professional boundaries in clinical work, with co-workers and campus communities _____
4. I have been provided with support in the pursuit of my own professional development (i.e., licensure, conference attendance) _____

Strengths:

Areas needing improvement:

Suggestions:

LEVEL TWO: CLINICAL AREA OF FOCUS COMPETENCIES

A. INTERVENTION (CLINICAL EVALUATION, THERAPEUTIC SKILLS, CRISIS INTERVENTION AND GROUP TREATMENT)

1. I have been given the opportunity to broaden my diagnostic and differential skills _____
2. I have been given the opportunity to enhance my clinical skills with diverse/varied clients _____
3. I have had ample opportunities to enhance my case conceptualizations and independently plan appropriate interventions _____
4. I have had opportunities to evaluate treatment progress and independently _____

- modify plans as needed _____
5. I have been able to enhance my crisis/risk assessment and intervention skills _____
 6. I have increased my confidence in the ability to assess and intervene with urgent clinical situations _____
 7. I have been able to compose and develop psycho-educational workshops and or groups _____

Strengths:

Areas needing improvement

Suggestions:

B. CONSULTATION AND INTERPERSONAL/INTERDISCIPLINARY SKILLS AND SUPERVISION

1. I have been given the opportunity to provide expert guidance and assistance in a manner that utilizes my professional skills to evaluate and make recommendations _____
2. I have been encouraged to develop and maintain working relationships with a variety of colleagues, and communities _____
3. I have had ample opportunities to independently deliver outreach/consultation activities _____
4. I have been given opportunities to provide supervision and feedback in my outreach activities _____

Strengths:

Areas needing improvement:

Suggestions: